



Bill Larson

FIRST THING TOMORROW

Choreographer: Bill Larson – March 2005
 Song: 'Can't Do It Today' by Gary Allen (118bpm)
 Start on main vocals
 4 Wall 64 Count Intermediate



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Steps	Actual Footwork	Direction	Calling Suggestion
Section 1 1,2 3&4 5,6 7,8	Step Drag Cross Shuffle, Side Rock Turn Turn Step L to side, Drag R back behind L Cross to R side: L, R, L Step R to right side, Recover onto L <i>turning 1/2 R</i> Step R to side, <i>turning 1/2 R</i> Step L to side	Left Right On the spot Turning R	Step Drag Cross Shuffle Side Rock Turn Turn
Section 2 1&2 3,4 5,6 7&8	Shuffle Cross Rock Side Together Shuffle Turn <i>turning 1/2 R</i> Shuffle R to side: R, L, R Cross L over R, Recover onto R Step L to side, Step R beside L Shuffle L to left side with 1/4 turn L	Turning R On the spot Left	Turning Shuffle Cross Rock Side Together Shuffle turn
Section 3 1,2 3&4 5,6 7&8	Fwd Rock, 1 & 1/4 Rolling Turn, Fwd Rock Coaster Step R fwd, Recover onto L <i>turning 1 & 1/4 R</i> Step R, L, R Step L fwd, Recover onto R Step L back, Step R beside L, Step L fwd	On the spot Turning R On the spot	Fwd Rock Rolling turn Fwd Rock Coaster step
Section 4 1,2 3,4 5,6 7,8	Step Pivot Fwd Rock, Rocking Chair Step R fwd, Pivot 1/2 turn L, Step R fwd, Recover onto L Step R back, Recover onto L Step R fwd, Recover onto L	On the spot	Step Pivot Forward Rock Rocking Chair
Section 5 1,2 3&4 5& 6 7&8	Back Rock, R sailor, L Sailor turn, R Coaster Step R back, <i>turning 1/4 R</i> , Recover onto L Step R behind L, Step L to left side, Recover onto R Step L behind R, Step R to right side <i>turning 1/4 R</i> Recover onto L Step R back, Step L beside R, Step R fwd	On the spot Turning R On the spot	Back Rock turn R sailor Step L sailor turn Coaster Step
Section 6 1,2,3 &4 5,6 7&8	Walk fwd 3x, Ball turn, 3/4 R, Shuffle fwd Walk fwd L, R, L Step R fwd <i>turning 1/4 L</i> Step L to side Cross R over L, <i>turning 1/4 R</i> Step L to side <i>turning 1/2 R</i> Shuffle fwd R, L, R	Forward Turning L Turning R Forward	Walk walk walk Ball turn Cross turn Turn Shuffle
Section 7 1&2 &3,4 &5& 6&7 8&	L Toe Switches 3x, & R Toe Switches 3x Touch L toe fwd, Step L beside R, Touch R Toe fwd Step R beside L, Touch L toe fwd, Hold Step L beside R, Touch R Toe fwd, Step R beside L Touch L toe fwd, Step L beside R, Touch R Toe fwd Hold, Step R beside L	On the spot	L & R & L, Hold & R & L & R Hold &
Section 8 1,2 3&4 5,6 7&8	Ball turn Cross Shuffle, Side Rock Sailor Cross Step L fwd, <i>turning 1/4 R</i> Step R to side Cross shuffle to right side: Stepping L, R, L Step R to right side, Recover onto L Step R behind L, Step L to side, Cross R over L	On the spot Right On the spot	Ball turn Cross Shuffle Side Rock Sailor Cross
Restarts: Wall 2 Wall 5	Dance Sections 1 - 6 then restart the dance facing 3:00 Dance counts 1 - 22, then replace the Coaster Step with a Step back on L, Rock fwd onto R		