



Bill Larson

THE PROMISE

(V2 17:04:09)

Choreographer: Bill Larson - April 09

Song: "The Promise" by Jody Jenkins (3:22)

CD: Dancing The Night Away - Track 11 (115 bpm)

4 Wall 36 Count Easy Intermediate Waltz – Turning CCW

(Start 12 counts in on vocals)

<http://www.youtube.com/watch?v=3dl61LxFX7o&>



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Steps	Actual Footwork	Direction	Calling Suggestion
Section 1 1,2,3 4,5,6	Step Turn Step, Back Waltz Step L fwd, <i>turning 1/2 L</i> Step R back, Step L beside R (6:00) Step back on R, Step L beside R, Step R beside L	Turning L Backward	Step Turn Step Back Waltz
Section 2 1,2,3 4,5,6	Cross Side Rock, Cross Side Rock Cross L over R, Step R to side, Rock weight back onto L Cross R over L, Step L to side, Rock weight back onto R	Forward Forward	Cross Side Rock Cross Side Rock
Section 3 1,2 3 4,5,6	Cross Turn Turn, Cross Rock Side Cross L over R, <i>turning 1/4 L</i> Step R back <i>turning 1/4 L</i> , Step L to side (12:00) Cross R over L, Rock weight onto L, Step R to side	Turning L Turning L On the Spot	CrossTurn Turn Cross Rock Side
Section 4 1,2,3 4,5,6	Cross Side Behind, Step Rock Rock Cross L over R, Step R to side, Step L behind R Step R <i>slightly fwd</i> at 45° R, Rock back onto L, Rock fwd on R	Travel R On the Spot	Behind Side Cross Step Rock Rock
Section 5 1 2,3 4,5,6	Step Sweep Touch, Back Waltz Step L fwd <i>turning 1/2 L</i> Sweep R in an arc to touch beside L, Hold (6:00) Step back on R, Step L beside R, Step R beside L	Forward Turning L Backward	Step Sweep Touch Back Waltz
Section 6 1,2,3 4,5,6	Forward Turn Step, Step Turn Step Step L fwd, <i>turning 1/4 L</i> Step R beside L, Step L beside R Step back on R, <i>turning 1/2 L</i> Step L fwd, Step R beside L (9:00)	Forward Turning L	Forward Waltz Step Turn Step
Tags (4): 1,2,3 4,5,6 Restart (1):	After Walls 2 (6:00), 3 (3:00), 6 (12:00) & 7 (9:00) – Add the following 6 counts Cross / Step L over R, Touch R to side, Hold Cross / Step R behind L, Touch L to side, Hold After Wall 4 (<i>facing 12:00</i>) Dance Sections 1 – 2 and restart the dance (<i>facing 6:00</i>)		