

SUGGESTED DANCE LEVEL - BREAKDOWN

This list of dance terms was put together as a guideline only for line dance teachers. It will also assist choreographers in assigning a level to their dances, and help teachers determine the level of a dance that has no level assigned to it.

Please keep in mind this is a guideline only. All dancers, teachers and classes are different, and what's intermediate for one group may be advanced for another. The important thing to keep in mind is that a natural progression should take place. As with anything you learn...you need the basic information before you can move forward with more intricate details.

The terms listed are, by no means, every dance term available. They are, however, some of the more common terms used in line dancing. Once you see the categories, you will have a better idea of where other terms would fit as well.

The breakdown is as follows:

Beginner: For dancers who are new to any form of dance.

Easy Intermediate: *“Also known as Improver or Advanced Beginner levels”*

For dancers who have a basic knowledge of dance terminology and who are coping well with Beginner material and wish to move to the next level but aren't ready for the full Intermediate level.

This is a good bridge between the Beginner and Intermediate platforms, where steps may crossover from one level to another.

Intermediate: For dancers with a solid knowledge of dance terminology, who are not new to dancing.

Advanced: For dancers who not only have a solid grasp on dance terminology, but can also execute more complex steps and patterns with ease, and are able to perform more style-specific technique.

SUGGESTED DANCE LEVEL BREAKDOWN

BEGINNER	EASY INTERMEDIATE	INTERMEDIATE	ADVANCED
Apart	Ball Change	Arm Movements	Applejacks
Back Recover	Ball Step	Boogie Walk	Body Rolls
Balance	Ball Cross	Cha Cha Timing	Corkscrew Turn
Beats	Chasse (Side Triple)	Chug	Count “a”
Behind	Clap(s)	Diagonal (Steps)	Count “8 & 1”
Brush	Coaster	Diagonal (Lock)	Hat Movements
Bump	Coaster Cross	Dorothy Step	Pencil Turn
Center	Count “&”	Heel Ball Change	Reverse Turns
Charleston	Cross Unwind	Heel Ball Cross	Rise & Fall
Count	Cross Shuffle	Heel Jacks	Styling
Cross	Drag	Hinge Turn	Swivet
Cross Recover	Heel Grind	Kick Ball Change	
Fan (Heel / Toe)	Hold	Kick Ball Cross	
Foot Positions	Hop	Lock Step	
Forward Recover	Jazz Box	Lunge	
Grapevine (Vine)	Jazz Box Turn	Mambo Step	
Hitch	Jump	Mambo Turn	
Hook	Paddle Quarter Turn	Monterey Turn	
Kick	Pivot Half Turn	Night Club 2 Step	
Knee Pops	Restart	One Eighth Turns	
Point	Rolling Vine	Out, Out, In, In	
Rock Step	Rhumba Box	Ronde (Sweep)	
Recover	Shimmy	Sailor Step	
Rocking Chair	Shuffle (Forward, Back)	Sailor Step Turn	
Scuff	Skate	Sailor Step Cross	
Side Recover	Slide	Samba	
Splits (Heel / Toe)	Swivel	Samba Cross	
Start Position	Tag	Scoot	
Step	Twinkle (Cross Waltz)	Spin	
Step Quarter Turn	Twist	Spot Turn	
Stomp	Weave	Switches (Side)	
Strut (Heel / Toe)		Switches (Heel)	
Sway		Swivels	
Timing		Tempo Change	
Together		Three Step Turn	
Touch (Tap)		Toe Heel Cross	
Walk		Triple Turn	
Waltz Basic		Vaudervilles	
Waltz Turn			
Weight Change			