



Bill Larson

LYING TO MY HEART

Choreographer: Bill Larson. Sept 07
 Song: 'Lying To My Heart' by Jenai – 120 bpm
 4 Wall 32 Count Improver
 Start on Vocals
http://www.youtube.com/watch?v=aZmleI5_1il



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Steps	Actual Footwork	Direction	Calling Suggestion
Section 1 1,2 3&4 5,6 7&8	Cross Side Sailor Cross, Side Rock Cross Shuffle Cross step L over R, Step R to R side Step L behind R, Step R to R Side, Cross L over R Step R to R side, Recover weight onto L Cross shuffle to L: Stepping R L R	Travel Right Travel Right On the Spot Travel Left	Cross Step Sailor Cross Side Rock Cross Shuffle
Section 2 1&2 3&4 5,6 7&8	1/4R Shuffle, 1/4R Shuffle, Cross Rock, Shuffle <i>turning 1/4 turn R, Shuffle backward: Stepping L R L (3:00)</i> <i>turning 1/4 turn R, Shuffle to R side: Stepping R L R (6:00)</i> Cross step L over R, Recover weight onto R Shuffle to L side: Stepping L R L	Turning R Turning R On the Spot Travel Left	Turning Shuffle Turning Shuffle Cross Rock Shuffle Left
Section 3 1,2 3&4 5,6 7&8	Cross Side Sailor Cross, Side Rock Cross Shuffle Cross step R over L, Step L to L side Step R behind L, Step L to L Side, Cross R over L Step L to L side, Recover weight onto R Cross shuffle to R: Stepping L R L	Travel Left Travel Left On the Spot Travel Right	Cross Step Sailor Cross Side Rock Cross Shuffle
Section 4 1&2 3&4 5,6 7&8	1/4L Shuffle, 1/4L Shuffle, Cross Rock, Shuffle 1/4R <i>turning 1/4 turn L, Shuffle backward: Stepping R L R (3:00)</i> <i>turning 1/4 turn L, Shuffle to L side: Stepping L R L (12:00)</i> Cross step R over L, Recover weight onto L Shuffle to R side with 1/4 R : Stepping R L R (3:00)	Turning L Turning L On the Spot Travel Right	Turning Shuffle Turning Shuffle Cross Rock Shuffle Turn