



Bill Larson

# DESTINY

Choreographer: Bill Larson. March 2005  
 Song: 'Now and Forever' by Ann Murray (85 bpm)  
 Start on main vocals

4 Wall 48 Count Intermediate

<http://www.youtube.com/watch?v=Tarziw6GKhE>



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Steps	Actual Footwork	Direction	Calling Suggestion
<b>Section 1</b> 1,2 & 3,4 5,6 7&8	<b>Fwd Rock Turn, Full Turn, Fwd Rock, Coaster</b> Step R forward, Recover onto L <i>turning 1/2 turn R</i> Step R fwd <i>turning a full turn R</i> , Step fwd L, R Step L fwd, Recover onto R Step L back, Step R beside L, Step L forward	On the spot  Forward On the spot	Forward Rock Turn 1/2 R Step Full Turn Forward Rock Left Coaster Step
<b>Section 2</b> 1,2 & 3,4 5,6 7&8	<b>Fwd Rock Turn, Step Pivot, Side Rock Sailor Cross</b> Step R forward, Recover onto L <i>turning 1/2 turn R</i> Step R fwd Step L forward, Pivot 1/2 turn R Step L to side, Recover onto R Step L behind R, Step R to side, Cross L over R	On the spot Turning R  On the spot Right	Fwd Rock 1/2 Turn R Step Pivot Side Rock Sailor Cross
<b>Section 3</b> 1,2 & 3 4 5,6& 7,8&	<b>Turn Fwd Rock, Turn Turn, Cross Rock &amp;, Cross Rock &amp;</b> <i>turning 1/4 R</i> Step R fwd, Recover onto L <i>turning 1/4 R</i> Step R to side <i>turning 1/2 R</i> Step L to side <i>turning 1/2 R</i> Step R to side Cross L over R, Recover onto R, Step L beside R Cross R over L, Recover onto L, Step R beside L	Turning R  On the spot	1/4 turn R & Fwd Rock 1/4 turn R Full turn to side Cross Rock Change Cross Rock Change
<b>Section 4</b> 1,2 &3,4 5,6 &7,8	<b>Fwd Rock, &amp; Step Pivot, Step Pivot, &amp; Step Rock</b> Step L forward, Recover onto R Step L beside R, Step R fwd, Pivot turn 1/2 L Step R fwd, Pivot turn 1/2 L Step R beside L, Step L fwd, Recover onto R	On the spot	Fwd Rock Ball Step Pivot Step Pivot Ball Step Rock
<b>Section 5</b> &1,2 &3,4 5,6 &7,8	<b>&amp; Side Behind Ball turn Step Pivot 3/4 R, Side Behind Ball turn Step Pivot 3/4 L</b> Step L beside R, Step R to side, Step L behind R <i>turning 1/4 R</i> Step R fwd, Step L fwd, Pivot 3/4 turn R Step L to side, Step R behind L <i>turning 1/4 L</i> Step L fwd, Step R fwd, Pivot 3/4 turn L	Right  Left	Vine R full Turn  Vine L full Turn
<b>Section 6</b> 1,2& 3,4& 5,6 7,8	<b>Side Rock &amp; Side Rock &amp; Turn Step Pivot Step</b> Step R to side, Recover onto L, Step R beside L Step L to side, Recover onto R, Step L beside R Step R to side <i>with 1/4 turn R</i> , Step L fwd Pivot 1/2 turn R, Step L fwd	On the spot  Forward	Side Rock & Side Rock & Step turn Step Pivot Step
<b>Restart:</b> Wall 5 1,2,3,4	Dance Sections 1 - 5, then add following four counts Step R to side and sway hips R, L, R, L then restart dance ( <i>facing 12:00</i> )		